



Derby Grammar School

Bringing education to life.

w/c 9 th September	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Cumberland Sausage Ring Broccoli, & Tomato Bake	Chicken Breast served with Mushroom Sauce Stuffed Peppers	Roast Beef served with Yorkshire Pudding Double Gloucester & Red Onion Pie topped with Short Crust Pastry	Lamb Kofta's served with Mixed Salad on a Lebanese Flat Bread Mixed Bean & Lentil Bolognese	Breaded Fishcakes served with Tartar Sauce Garden Pizza
Accompaniments	Crushed Potatoes Rich Onion Gravy	New Potatoes	Roast Potatoes Gravy	Wholegrain Rice Tzatziki	Fries
Vegetables	Baked Beans Braised Red Cabbage Glazed Carrots	Baked Beans Mixed Vegetables Broccoli Florets	Baked Beans Cauliflower Mornay Roasted Roots	Baked Beans Courgette & Red Onion	Baked Beans Garden Peas Mushy Peas
Hot Lighter Lunches	Margarita Pizza Jacket Potato	Panini of the day Jacket Potato	Sausage Burger & Cheese Mac Muffin Jacket Potato	Meatball Sub Jacket Potato	Jacket Potato
Cold Lighter Lunches	Salad Bar Build your own Sandwich station	Salad Bar Build your own Sandwich station	Salad Bar Build your own Sandwich station	Salad Bar Build your own Sandwich station	Salad Bar Build your own Sandwich station
Dessert	Syrup & Ginger Sponge Served with Vanilla Sauce	Coconut Tart Served with Custard	Rice Pudding Cinnamon Sugar Mini Marshmallows	Vanilla & Black Cherry Sponge Served with Custard	Assorted Desserts

w/c 16 th September	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Vegetable Bolognese Spanish Frittata	Baked Fish Fillet topped with a Parmesan & Herb Crust Vegetable Gratin	Roast Chicken served with Sage & Onion Stuffing Savory Mince topped with a Puff Pastry Crust	Beef Stroganoff Thai Green Vegetable & Chickpea Curry	Cheese & Bacon Turnover Quorn Nuggets served with a Selection of Dips
Accompaniments	New Potatoes Garlic Bread	Boiled Potatoes	Roast Potatoes Gravy	Wholegrain Rice Tagliatelle	Fries
Vegetables	Baked Beans Sweetcorn & Petit Pois	Baked Beans Cauliflower Ratatouille	Baked Beans Roasted Parsnips Glazed Carrots	Baked Beans Roasted Mediterranean Vegetables	Baked Beans Mushy peas Garden Peas
Hot Lighter Lunches	Margarita Pizza Jacket Potato	Panini of the day Jacket Potato	Meatball Sub Jacket Potato	Flavored Chicken wrap Jacket Potato	Jacket Potato
Cold Lighter Lunches	Salad bar and build your own cob station	Salad bar and build your own cob station	Salad bar and build your own cob station	Salad bar and build your own cob station	Salad bar and build your own cob station
Dessert	Eves Pudding Served with Custard	Jam Roly Poly Served with Custard	American Pancakes Mixed Berries	Sticky Toffee Pudding Served with Vanilla Sauce	Dessert of the day

w/c 23 rd September	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Mexican Chilli Con Carne Sweet Potato Falafel Served on a Flat Bread topped with Rocket	Lancashire Hotpot Broccoli, Squash Mushroom & Parmesan Shepherds Pie	Roast Pork Served with Apple & Herb Stuffing Roast Quorn Fillet served with Apple & Herb Stuffing	Katsu Chicken served with Curry Sauce Organic Whole Wheat Spaghetti with Spinach & Cherry Tomatoes	Poached Fillet of Cod served with Parsley Sauce Southern Fried Quorn Burger, Topped with Salsa
Accompaniments	Wholegrain Rice Nacho's Sour Cream & Guacamole	Red Onion Gravy	Roast Potatoes Gravy	Sticky Rice Naan Bread Garlic & Herb Slice	Fries
Vegetables	Baked Beans Sautéed Green Beans	Baked Beans Mixed Vegetables Savoy Cabbage	Baked Beans Baton Carrots Broccoli Florets	Baked Beans Sweetcorn & Roasted Peppers	Baked Beans Garden Peas Mushy Peas
Hot Lighter Lunches	Panini of the day Jacket Potato	Meatball Sub Jacket Potato	Flavoured Chicken wrap Jacket Potato	Margarita Pizza Jacket Potato	Jacket Potato
Cold Lighter Lunches	Salad Bar Build your own Sandwich station	Salad Bar Build your own Sandwich station	Salad Bar Build your own Sandwich station	Salad Bar Build your own Sandwich station	Salad Bar Build your own Sandwich station
Dessert	Pineapple Upside Down Pudding Served with Custard	Banana & Toffee Crumble Served with Vanilla Sauce	Lemon Posset topped with a Ginger Crumb	Chocolate Bread & Butter Pudding Served with Custard	Assorted Desserts